



# THE SPECTRUM

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"SHEDDING LIGHT ON CAMPUS NEWS SINCE 1983"

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## TWEETS of the Week

@cozz522

"Pulled into the Dunkin drive thru ordered my coffee pulled up to the window and realized I didn't have my wallet... #Blessed"

@GregArgenio

"I guess what I'm really upset about is neither of the candidates are discussing stricter gun laws at the @CincinnatiZoo"

@Quig\_Nation

"I feel like bid day for sororities is equivalent to the rose ceremony on the bachelor."

"Tweets of the Week" are taken from a public forum on Twitter. Tweets are opinions of the individual and do not represent the opinions of Sacred Heart University or The Spectrum Newspaper. If you want to see your Tweet in the newspaper, use the hashtag #ShuSpectrum and you may be featured!



## FTMA: "Expanding the Scope"



GIANNA IANNOTI/SPECTRUM

(FROM LEFT): PROFESSOR LIBERMAN, RETIRED PROFESSIONAL BASKETBALL PLAYER AND CURRENT SPORTS ANALYST WITH ESPN, JALEN ROSE, HOST OF THE SHOW "FIRST TAKE" ON ESPN, MOLLY QERIN, SACRED HEART GRADUATE '05 AND ASSOCIATE WITH "MIKE AND MIKE," TERRANCE WILLIAMS, AND PROFESSOR MILLER AT THE 3RD ANNUAL FTMA FILM FESTIVAL THIS PAST WEEKEND

BY NATALIE CIOFFARI  
Editor-in-Chief

From Sept. 22 to the 25, the Film and Television Master of Arts program, otherwise known as FTMA, held their third annual film festival. This year's theme was "Expanding The Scope." The FTMA program is one of the few film schools in Conn.

"When we started building this festival, our goal was to celebrate two things. On the micro level, it was to celebrate and honor the hard work and talent of our student filmmakers. On the macro level, it was to honor film and television as a medium," said Co-program Director of FTMA and Executive Director of the film festival, professor Justin Liberman.

The event-filled weekend consisted of student film screenings and special programs that featured people like Molly Qerim, Jalen Rose and Nick DiPaolo. Special guests and honorees Rebecca Miller and Dominic Chianese took part in exclusive Q&A's with Liberman.

Thursday evening kicked off the film festival at the Avon Theatre Film Center in Stamford, Conn. with a VIP screening of Rebecca Miller's "Maggie's Plan," starring Ethan Hawke and Greta Gerwig. This film followed with the Opening Night Awards Gala, where Rebecca Miller was presented with the 2016 FTMA Film Festival Joanne Woodward Award for Excellence.

"We designed [this award] to honor a bold and daring artist that represents the

core principles of the FTMA program," said Liberman. "Rebecca Miller is not only one of the most important voices in contemporary cinema, but she is also one of the kindest and emotionally active filmmakers ever."

The Opening Night Awards Gala also included presenting jury prizes to student filmmakers. The award winners for Best Picture were Le'Qentz Brown, Chay-Anna Crumble and Matt Prota with "The Tragedy of Chance." For Best Producer, Gina Delisa with "A Long, Long Time" and "Macon City Breakdown." For Best Director, Alicia Knittel with "Scopathesia" and Isabelle Eyre with "Live Free or Meet Cute" for Best Screenwriter.

"[This event] created a real sense of excitement for both our student filmmakers and the general public that came out for the festival," said Liberman.

The FTMA Film Festival continued with student screenplay readings on Friday, Sept. 23 in the Martire's Main Theatre. Three FTMA graduates, Matt Prota, Elisha Root and Mike Smith, had selected pieces of their work read on stage for the first time with actors and actresses. All three graduates could agree that hearing their screenplays on stage for the first time was a very beneficial moment.

"It's been a lot of hard work, pain and labor," said Root. "It was really good hearing it out loud, other than my own personal voice in my mind."

The night ended with screenings of "Louie" and "Inside Amy Schumer: 12 Angry

Men" to prepare for the arrival of comedian Nick DiPaolo. This event was held in the Martire Forum, where comedians Mike Geary and Oscar Murphy took the stage and prepared the audience for the arrival of DiPaolo.

DiPaolo brought numerous jokes to the floor revolving around subjects such as Breaking Bad, insomnia, the Kardashians and made light of controversial topics.

"He comes into a hostile territory, the college campus, and he still makes people laugh. That is what being a comedian is all about," said FTMA graduate Sean Whelan.

Saturday was jammed packed with events and speakers from morning to evening.

The day started with a Roberto Rossellini retrospective with a screening of "Journey to Italy," starring Ingrid Bergman and George Sanders. This event was hosted and moderated by professor of Communication and Media Arts, Dr. Sidney Gottlieb.

"It's a film, like so many others, that is basically trying to tell us more about what it is to be a human being and to address some of the problems we all face as individuals," he said. "It educates us as well as entertains us."

Whether or not everyone enjoyed the movie, students reacted well to Dr. Gottlieb's comments.

"Gottlieb's enthusiasm for the movie was very refreshing," said junior Shawn Lee.

Following Gottlieb's event was the annual SCMA barbeque on the Martire patio where

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# News

“Sacred Heart University is filled with some of the kindest people I have ever met. It really feels like home. Students, faculty, and staff have made it feel that way. It has been perfect so far.”  
—Devon Kemp, Campus Minister

Continued from page 1

..... students were able to interact with one another.

Events at the barbeque included games of ping-pong and corn hole, which were played with the faculty and staff of the School of Communications and Media Arts.

After students, faculty and staff enjoyed food and company, they went back inside the Martire building for the event On Air with ESPN'S Molly Qerim.

This was co-sponsored by the School of Sports Communications and Media and moderated by 2005 graduate of Sacred Heart, Terrance Williams.

Qerim, a sports anchor and moderator for ESPN's "First Take," spoke to the audience about the importance of internships and work ethic.

She also gave advice to students, especially involving the real-world work force.

"People will value you and want to work with you if you can take constructive criticism," said Qerim to the audience. "Put your head down and run with the ball."

Qerim also hosted a mock "First Take" with two random audience members. She was also more than willing to answer any questions from students and guests.

Saturday ended with a showing of the FTMA student's thesis films in the Martire Forum.

All of the films that won awards were shown, as well as "The Wrath of Jeff," written and directed by Connor Ring, and produced by Rudy Udhe. Other films shown included, "Second Chances," written by Mike Smith, directed by Ryan Cotrupi, and produced by Rudy Udhe and "Outside the Pit," directed by Dan Quinn and produced by Isabelle Eyre.

The closing ceremony was held Sunday afternoon in the Martire's main theatre, where Dominic Chianese was presented with the 2016 FTMA Film Festival Maverick Award.

Before his Q&A, clips were shown of his previous roles, such as "The Sopranos" and "The Godfather II."

"You made me cry in front of everyone," said Chianese to Liberman and the audience.

Chianese talked about his early life as an entertainer, as well as how he finally got his roles in his most popular movies.

He greeted guests, faculty and students after his event, and was open to questions, as well as pictures.

Overall, the FTMA students and faculty were extremely proud of how the events turned out and they hope to continue this tradition in the years to come.

"The cinema is a constant in so many of our lives, whether we turn to it for escapism or to learn valuable life lesson, cinematic storytelling is truly universal and for Sacred Heart to host this four-day celebration of the form is a real thrill," said Liberman.

## Sexual Assault Victims Share Their Survivor Stories

BY CHRISTIAN COLON  
Co-Copy Editor

Sacred Heart University welcomed Andrea Pino and Annie Clark, two victims of sexual assault, to speak on the Edgerton Theatre stage about how they turned their experiences into a form of activism by travelling the nation and sharing their story.

On Sept. 21, they took part in the lecture series "The Hunting Ground," titled after a film that features their experiences as well as those of other college students who are survivors of sexual assault.

"Going to college was a journey. I wanted to combine my love for sports and academics," said Pino.

Pino was living a typical college life. One night during her sophomore year she went out partying. Partying led to dancing and dancing led to a bathroom where her head was smashed against a wall and she was later sexually assaulted.

Clark shared a similar story. One night out with her friends ended with her being pulled outside and raped.

"I couldn't perform like I used to because I had what had happened in the back of my mind," said Clark.

Pino and Clark also shared their story on how they got to where they are now. They said they barely knew who each other were during their undergraduate years at the University of North Carolina (UNC). Clark was a senior, while Pino was a freshman.

"When I was a student, I thought that UNC should have a way to report sexual violence. A way to report things either anonymously or to someone who is not going to blame them, so I created a blind reporting system. It was similar to restaurant comment cards," said Clark.

Their friendship began when Pino decided to break her silence and completely share her story with someone else. After Pino realized that Clark was the creator of the anonymous reporting system, they began to get in contact. They started working together by researching the statistics and policies regarding sexual assault.

Research led them to discover that many university institutions were violating the Title IX United States policy. According to the Board of Education, no person in the country shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving federal financial assistance.

"Sexual assault has been one of the highest serious level cases that we have here at the university. We are generally affecting a lot of lives when we make a decision. Not just the victim and the accuser but also how we respond to each of those instances affects things in terms of people coming forward or not," said Larry Wielk, Dean of Students at Sacred Heart University.

According to "The Hunting Ground," 88% of women sexually assaulted do not report. It is one of Clark and Pino's goals to visit college campuses and make sure victims feel the support and get the justice they deserve.

The Title IX policy has become a tool when supporting the hundreds of survivors they are in contact with. They want to let survivors know that there is a law that protects them as victims.

"It is really up to everyone to decide what to do in their own journey. Some survivors choose to go to the police and some choose to go to their university. Some choose to tell no one for years. I think it is important to recognize that there are a lot of factors that deter survivors from seeking help," said Pino.

Freshman, Logan Gardner attended the lecture series and found Clark and Pino very informational. He said that this topic should be brought up more at Sacred Heart because of how big of problem it is on a national scale.

"It is unfortunate that one of the biggest things that has been ignored in the media conversation is the institutional responsibility for sexual violence. We want to make sure the university is doing its best to make sure that rape is treated as seriously as academic misconduct," said Pino. "At every school students will hear for hours that if they are caught cheating they are going to be expelled, but it is not the same for sexual assault."

Clark and Pino told the students that even if you don't hear of any sexual assault cases, you should still join the movement to help bring awareness.

"It shouldn't be a rape survivors job to end rape, the same way it shouldn't be a colored persons problem to end racism," said Clark.



## New York and New Jersey Bombings

BY SABRINA GARONE  
Staff Reporter

On Saturday, Sept. 17, a bomb inside of a dumpster exploded in New York City's Chelsea neighborhood, injuring 31 people.

A pressure cooker bomb was found within a few blocks of the initial explosion and was safely removed by the New York Police Department.

"It's scary to think that I was just in that area three days before volunteering at New York Fashion Week," says junior and Westchester, N.Y. resident Briana Andreoli. "My generation doesn't remember what it's like to live in a pre 9/11 world, so terror is something that's always in the back of my mind when traveling to the city."

On the same day as the Chelsea explosion, a pipe-bomb inside of a garbage can exploded at the start of a Marine Corps 5K charity event in Seaside Park, NJ.

No one involved in the event was injured due to a delay at the start of the race.

The next day, a bag containing five explosive devices was discovered outside of a train station in Elizabeth, NJ.

"I was in New York City on that day, visiting a friend at Fordham University," said junior and New Jersey resident Rachel Zacharczyk. "We did a lot of traveling around the city that day, so we were constantly checking our phones for updates on the situation and felt very lucky to have gotten to our destination safely."

Authorities believe Ahmad Khan Rahami is the main suspect behind these explosions. According to officials, Rahami was identified by fingerprints found on the pressure cooker and also by a cell phone that had been attached.

Rahami was shot and injured in a standoff with police after he was found sleeping in the doorway of a bar in Linden, NJ. He was later taken into custody. Authorities are currently investigating whether Rahami had any ties to terror organizations such as the Islamic State of Iraq and the Levant (ISIS) or Al Qaeda.

The 28-year-old was born in Afghanistan and according to the Federal Bureau of Investigation (FBI), has been a naturalized citizen of the United States since 2011.

Rahami studied criminal justice at the Middlesex County College in Edison, NJ, but never graduated.

In 2014, Rahami's father noticed his son had taken an interest in jihadist music, poetry and videos of terror on the internet after multiple visits to Afghanistan and Pakistan. In August of that year, Rahami was arrested for stabbing his own brother during a family dispute.

According to the New York Times, Rahami's father reported him to the FBI, describing him as a terrorist and asking them to keep an eye on him.

According to officials, Rahami was never placed in the FBI database as a potential terrorist threat.

"Going forward, law enforcement must always remain vigilant, especially within residential neighborhoods we would normally think are insulated from these types of incidents," said criminal justice professor and former NYPD Lieutenant Anthony Papa. "A common procedure to prevent these types of attacks in NYC is the process of removing all trashcans and mailboxes from the route of an event prior to its commencement. I would suggest law enforcement to engage in this policy effective immediately."

These bombings are still under investigation.



# Perspectives

## What do you call a long sandwich?



GIOVANNA...



As a proud Philadelphian I stand by my city’s quirks. That extends from our prized statue of the fictional boxer Rocky Balboa, to our obsession with cheesesteaks and soft pretzels.

Disclaimer: cheesesteaks and soft pretzels should only be consumed by Philadelphia owned and operated corporations. All other claims are false and should be obliterated.

Yet, one supreme feature to Philadelphian culture is the renowned hoagie. Some may be confused by the unique name, but this long lunch meat based sandwich has been subject to debate for many years.

Depending on what region of the country you are in, the creation can take on the identity of a sub, submarine, wedge, hero or grinder. However, alternative names are just excuses for what people outside of the Philadelphia culture claim is an appropriate reference to this quality sandwich.

Now I understand that this debate truly takes you back to your roots. The origin of the way a person refers to this sandwich is based on their home, heritage and regional culture. Yet, these mistaken identities lack a clear source, a solid foundation. This is where Philadelphia proudly reigns.

In the Philadelphia area we are honored to be home to one of the greatest convenience stores on earth, Wawa. To outsiders it may sound like I am throwing gibberish at you, but that is most certainly not the case.

Named for the little known town of Wawa, Pennsylvania, the convenience store has grown to have over 720 locations. However, it is appalling to compare Wawa’s elegance to any other convenience store, such as 7-Eleven.

The gas station food of Wawa is not something that people flock to only for a quick bite, or easy solution. Wawa hoagies are a prized delicacy of the Philadelphian way.

The use of the word hoagie is not only a feature to this landmark of Philadelphia. Yet, Wawa has taken the term and popularized it and formed a culture around its language.

Picture thi: it’s your last day of school, you pack your bag, grab your keys and head home for three months of freedom. During your commute you decide to turn on the radio. The Chainsmokers song, “Closer” comes to an end while you roll down your windows to feel the sun on your face.

A familiar tune gains volume as you realize it is that time of year again, “Wawa Hoagiefest is back.” Through discounted hoagies and an endless summer of happiness, Wawa has created an unofficial holiday to only celebrate the proper way to refer to a long sandwich.

Now my New York bred counterpart may claim this is merely propaganda, but I would like to argue it is a triumph of a culture. Wawa has always disregarded all potential names and stuck to its roots and regional identity.

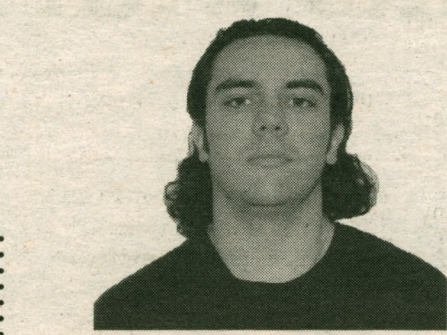
Despite my one sided, territorial opinion, I do understand the reason for this growing epidemic in our American culture.

That being said, it is time to point out the elephant in the room. When I order my long sandwich at Linda’s, I sheepishly call it a grinder. However, my reasoning only strengths my hoagie roots.

As stated before, this identity crisis is based on regional culture. Here at Sacred Heart we fall under New England terminology for the sandwich. Admittedly, I had trouble adjusting and adapting to this different word. Yet, overtime I realized I was denying my roots by refusing to accept another.

I have come to the conclusion that this debate is not really a debate, but a defense of culture. That being said my voice now proudly verbalizes the term grinder when I make my daily Linda’s run.

However, when I cross the state border to head home for the summer, my radio is on. Rolling my windows down, I know I am welcomed by sound of “Wawa Hoagiefest.”



ANTHONY...

Since before humankind can recall, men have been trying to put their meats in between some form of bread. It wasn’t until 18th century Europe that people actually decided to make a sandwich with slices of bread, evidently forming an entire society obsessed with making sandwiches.

Like most men, they felt the need to compete for who could make the biggest and best sandwich.

However, there was a question that came up after these men started to compete to see who had the biggest sandwich. What do we call these sandwiches? We call them Heroes, obviously.

I’ve lived in New York all my life and that’s the only word I’ve heard people call big sandwiches. It wasn’t until I came to Connecticut that I heard people call it a grinder. A grinder?

Every time I would walk into Hillview, I would ask for ham and cheese on a grinder.

At that point in my life, I realized that apparently different parts of the United States have different names for their sandwiches.

These names vary from grinder, hoagie, wedge and hero. I’m not sure who or why people came up with different names for these sandwiches, but they don’t even compare to hero.

First I’m going to knock off grinder. What does that even mean? Apparently the reason for calling it grinder is because the bread is hard to bite so you must grind your teeth.

This might be the most ridiculous reason for naming a sandwich. I’m not sure about anyone else, but I like my meats between two pieces of soft bread that’s easy to bite into.

Next we have a wedge. The reason for calling it a wedge is because people started calling sandwiches “wiches” for short. Eventually, people started saying it so fast that it turned into wedge.

I almost feel like I don’t even need to have an argument. Let’s just say we should keep the wedges to the shoes.

Finally we come to the hoagie. Yes, I did

save this argument for last for a reason. My fellow editor seems to think that calling the absolute deliciousness that is a sandwich a hoagie is okay.

Well, it’s not okay. The story of the hoagie comes from Philadelphia. Interestingly enough, my journalistic counterpart is from Philadelphia.

There seems to be some confusion on how the name got started, but it really doesn’t matter because the word sounds like something I’m about to spit up, not indulge in.

Some uncultured people even go as far as to get these sandwiches from a Wawa. Wawa, the most overrated, glorified 7-Eleven in this country.

People who are excited to go to Wawa are only excited because they don’t have real delis to go to.

These people are in so much denial that they tell themselves it’s okay to eat these gross pre-prepared meats and call them hoagies.

To be honest, if you get your sandwich from a place like Wawa, it doesn’t even deserve to be called a hero.

The term hero was coined by a newspaper writer who first covered the breathtaking sandwich in 1936.

The reason for naming it the hero was because it was so big that you had to be a hero to eat it.

A hero is something substantial, something that satisfies, and something that is bigger than itself. This is why all sandwiches on long pieces of bread should be called heroes.

## POET'S CORNER

“Innisfail”

By Shannon Andée Brindle

The land of my elders  
The home of my heritage  
In the Emerald Isle’s splendors,  
I search for a vestige,  
Of what rests in my future -  
Yet, I discover no tablature

Perched upon the Cliffs of Moher  
Scaling the Giant steps of the Causeway  
Whilst the ocean ebbs from shore  
I merrily jig at the Tigh Coili in Galway

Even in the ruins of Dunluce  
My constellation remains obtuse

I visit my ancestral Longford  
Blindly hurling my javelin,  
My aim skewed in cruising the Killary Ford  
What I seek may lie in Dublin  
God’s decree for me may still possess a veil  
Yet, I shall always find my path back to Innisfail



# Perspectives

## Pints with Professors

BY KELSEY HOR  
Staff Reporter

Have you ever wondered what your professors do to relax? Did you ever want to get in touch with a professor you had semesters ago to catch up and enjoy their company?

On Sept. 16, Sacred Heart University hosted Pints with Professors during their homecoming weekend. The event was held at Red's Pub in the Linda McMahon building. Professors from all different departments attended hoping to get to talk to students and alumni.

"Sit down, have a beer and come talk to us about what is going on in your life," said professor and Chair of Government, Politics and Global Studies, Dr. Gary Rose. "It's important not only to have an academic relationship with your professors, but also to extend a social one with the faculty too. Things such as the football games and alumni events, I do believe it really helps sustain the Sacred Heart community."

This is the second year Sacred Heart's Alumni Relations organized Pints with Professors. Promotional skit videos of professors were posted on Sacred Heart's Alumni Associations Facebook page leading up to the event. Professors were shocked about how successful the event turned out.

"It was the first time I'd have ever gone to Pints with Professors and it was a really a fun event," said Coordinator of News & Broadcasting professor Joe Alicastro. "It gives us the opportunity to be in a more relaxed atmosphere, outside of the classroom to talk with

students about almost anything they want to talk about. There were former students and some current students that I talked with that evening, I had great conversations with."

Students agreed that the event enabled everyone to let loose with what was on their minds.

"I think it is a unique event that does a lot for academic stressors to be taken off and to help change the student and professor dynamic," said senior Andrew Kalach. "I think it can be helpful in networking and winding down our senior year with the teachers that have gotten us here."

Professors had the opportunity to acknowledge the work that they have done with their students. The event also showed them how they've helped students grow.

"I really try hard not to make any judgments because there is so much that I know I have to learn about them, as much as they have to learn about me," said Alicastro.

Professors also recognize the impact they may have with their former and current students by getting to know them.

"It's about getting to know what my students are doing and have done with their lives," said Rose. "The best is when you find how what you have done has brought relevance to their lives."

## Sacred Heart And Its Social Media

BY ANTHONY MATTARIELLO  
Asst. Perspectives Editor



ALESSANDRA SETARO/SPECTRUM

**STUDENTS FOLLOW MANY SACRED HEART BASED SOCIAL MEDIA OUTLETS TO KEEP UP WITH ALL OF THE LATEST AND GREATEST THAT EACH DEPARTMENT HAS TO OFFER**

Although Sacred Heart University may not have the largest student population when compared to other schools in the area, the university continues to grow not only in the size of its students, but on its social media platforms as well.

This university is well aware of their student's technological capabilities. Social media is just one of the ways that faculty, coaches and students can keep in touch with one another on and off campus.

Organizations like theatre, greek life and division I sports are making their own Twitter and Facebook pages in hopes to connect with students. Students can also follow President John Petillo's Instagram and our mascot's Twitter account, more commonly known as Big Red.

"I think that Sacred Heart has a variety of social media pages that appeal to the needs of a diverse population of students. I follow Sacred Heart on two social media accounts, Facebook and Snapchat," said senior Shauna Santos-Dempsey.

Since Sacred Heart has such a vast amount of clubs, organizations and events, it's hard for some students to keep up with all that is going on. The student body then turns to social media in order to get a grasp on what's happening with the organizations.

"Social media is a great way to get information when you're on the run. I can get play by play updates of Sacred Heart games from their twitter page," said sophomore John Scala.

Besides sports, people use Sacred Heart's social media to make connections with people that build toward new opportunities.

"The social media networks at this school offer endless possibilities that can open many door for students to take advantage of. Sometimes social media resources can even help students like me reach out to different organizations to find jobs in the area or around campus when we are in need of them," said junior Kelly Shannon.

Even though some of Sacred Heart's social media pages may be a constant trend for some individuals, others don't feel the need to fiddle around on a phone with their demanding schedules.

"I personally do not use social media a lot. I use it to see what my friends are up to, sports updates and the latest trends. I have not thought of using social media as a way of being informed about school events," said sophomore Emily Wonsiewicz.

On the other hand, some students use social media, but just don't feel the need to follow all of Sacred Heart's accounts.

"I'm heavily involved in social media outlets such as Instagram and Snapchat. However, I just don't see a need for following any of Sacred Heart's accounts. I get enough information about the clubs on campus from the school's emails," said senior Maurice Fabiani.

Students have the option to follow many different accounts on social media. However, with 5,169 followers on Twitter and 21,870 followers on Facebook, it seems students are jumping at the opportunity to follow Sacred Heart's social media.

*Staff reporter Atene Diluca contributed to this article.*

## WOULD YOU LIKE TO HAVE YOUR POETRY IN PRINT?

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**Please include titles of pieces, your full name, and  
class year or title/position.**





# Editorials

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SHAWN SAILER  
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- CO. SPORTS EDITOR  
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- SOCIAL MEDIA MANAGER  
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- GRAPHIC DESIGN EDITOR  
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- ADVERTISING MANAGER  
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## Why I Don't Delete My Old Instagram Photos

MELISSA O'ROURKE  
ASST. PHOTOGRAPHY EDITOR



Each morning I like to wake up and check out what everyone on my social media is up to. I am sure a lot of people also partake in this daily routine. Some posts I laugh at, some I am jealous of and some I just scroll past them. Each post that I see was posted for a reason. Why delete it?

Very rarely do I look at someone's Instagram feed and praise the aesthetic of it. So why only post certain photos for the look of it? Just post photos because you like them.

Do not hesitate to post a picture that you like because you posted a food picture last week, or because it will be too close to the landscape picture you want to post and the colors will clash. No one is going to judge you, trust me.

Instagram is like an online photo album. Sure, some of the posts at the bottom of my Instagram feed are highly embarrassing.

On occasion, I love scrolling back and laughing at those brace-faced selfies of mine because at the time I thought I looked great.

Sometimes I look back and think, why did I do my hair like that, or why did I think I could ever wear that? Although, I will probably look back on pictures from now in a few years and say the same exact thing.

My personal favorite is going back to old posts to see how I captioned pictures. High school freshman Melissa could definitely not write for the Spectrum.

Freshman year me also hashtagged like a middle-aged mom

on Facebook. It's things like this that make me chuckle, so why would I delete it?

Instagram is like a time capsule. It is so easy to look back on the things I did so long ago and have the memories come back to me.

What is the point of deleting pictures with an old friend or an ex? What happened happened, deleting the picture is not going to make the past go away. Sometimes it is funny to see who used to comment on your pictures. Many are people I do not even follow or talk to anymore.

Never do I look at a person's post count and think that the number is way too high. Why delete photos just for the sake of a low post count?

Nearing 600 posts on Instagram, I have never once thought that I need to lower my post count. I had posted each photo for a reason and I want to be able to look at it later on.

Next time you want to delete a post on Instagram, try not to. Maybe it messes up the way your feed looks or maybe you are second guessing how you look in the picture.

Just remember that when you posted it, you did it for a reason. Keep the memories.



## Learning from the Death of a Promising Talent

ANTHONY SANTINO  
CO-NEWS EDITOR

I've been playing tennis in some capacity for most of my life. I've also been blessed to have the opportunity to play college tennis at Sacred Heart University for the past two years and counting.

Though I love tennis more than any other sport and appreciate having the chance to play it collegiately, I don't always express that on the court.

Last weekend, my team and I took part in an invitational tournament at Yale University. It's pretty much an annual event on our calendar, as well as a great opportunity to play a lot of matches and represent the school.

Well, for something I always look forward to, I didn't enjoy much of my time on the court at Yale.

I'm not the guy who breaks racquets and argues with his opponents, but I am prone to yelling at myself when I make mistakes on the court. Last weekend at Yale, I let out more steam than an old tank engine.

Too often I would miss a ball during a rally and scream "idiot!" or something along those lines.

I also angrily mumbled some intricate rants to myself that had to do with how I felt I should quit tennis, or break my racquets, or do both. But, why would someone who claims to love tennis and appreciate all that comes with it act in such a manner? Well, as common as artificial displays of self-loathing are in competitive tennis settings, I still don't know the answer. All I know is I want to stop acting that way altogether.

After a few hours had passed from my final match of the tournament, I pretty much recovered mentally. I had a relaxing

Saturday evening with some friends and my spirits were up.

Even so, any recollection of the Yale tournament soured my mood just a little bit.

Then I caught some bad news Sunday morning.

When I woke up, I saw multiple notifications on my phone that reported the death of José Fernández, a professional baseball pitcher for the Miami Marlins who died in a boating accident on Sunday. He was 24-years-old and one of Major League Baseball's rising stars.

As a New York Mets fan, I would almost cringe seeing how Fernández ran through my team so easily and so often (the Marlins are in the Mets' division, so they play frequently).

Fernández's talent was something you couldn't even hate on. I would find myself watching him race through the Mets lineup, shaking my head and then thinking, this guy is just too good.

Though, what was almost equally impressive about Fernández was his outward love for the game. In the most competitive baseball league on Earth, he would smile through the good and the bad. And for someone who was in jail as a teen for attempting to defect from Cuba, that smile makes his story even more of a gem.

I didn't cry after hearing the news, although I almost did after watching some moving Fernández videos on social media.

I do, however, hope I re-learn a couple of things from this tragedy that I should always remember. How precious our time is, and how any sport, at the end of any day, is just a game.

The editorial page is an open forum. Editorials are the opinions of the individual editors and do not represent the opinions of the whole editorial board. Letters to the editor are encouraged and are due by Sunday at noon for consideration for each Wednesday's issue. All submissions are subject to editing for spelling, punctuation, and length.

Letters to the editor should not exceed 400 words and should be e-mailed to [spectrum@sacredheart.edu](mailto:spectrum@sacredheart.edu). The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.



# Features

## Sacred Heart Collaborates With Japanese University

BY CHRISTINA DIMAURO  
Staff Reporter

Sacred Heart University had its first immersion program this year, welcoming four students from Kyoei University, located in Kasukabe City, Japan.

In 2015, Sacred Heart's president, Dr. John Petillo, met with Akira Kato, president of Kyoei, to sign a contract that would begin the immersion program. The contract was a mutual partnership with the two schools and would provide the opportunity for both schools to collaborate.

"Japan as a nation started to put an emphasis on international education and getting students out into the world and studying abroad. That's one of the reasons Kyoei University was seeking external partnership and eventually found us," said Executive Director of Global Affairs Carrie Wojenski.

The four students from Kyoei were joined by one professor, Shingo Nahatame, and arrived on Sept. 2, where they had a two week long stay. Throughout the duration of their time here, they were able to experience the Sacred Heart campus and had the opportunity to volunteer within the community.

"They attended our English Language Institute classes and they were involved with all of our extracurricular activities offered both by the English Language Institute and Sacred Heart," said Academic Director of the English Language Institute Alla Schlata.

One of the driving factors of Kyoei coming to the states was to enhance their second language skills.

"Japan is also interested with increasing its English language proficiency, hence why

they started here with the English Language Institute," said Wojenski.

The students had home stays with families in the surrounding area and were able to understand how different the American culture was from their own in Japan.

"They had lots and lots of questions and we had to foresee all the questions that stem from their cultural background," said Schlata. "In a Japanese classroom you are not supposed to ask questions, you sit down and listen and be silent."

The Japanese students volunteered at the Eat Smart MarketPlace food pantry at the Merton Center in Bridgeport.

"They went and assisted with receiving and organizing food donations, getting them ready for distribution," said Director of Volunteer Programs, Matthew Kaye. "It provided the Japanese students an opportunity to do something that they would not otherwise have the opportunity to do in Japan."

The students overall reaction to being in the United States and on the Sacred Heart campus seemed to be overwhelmingly positive.

"All of them were very excited to be here and all of them wanted to come back, which tells you that they really liked it," said Schlata.

As for the future of this partnership, the students of Kyoei hope to visit Sacred Heart in January of 2017.

"Short term, we are continuing the small groups of students studying abroad, mostly education students looking to improve their language," said Wojenski. "Long term, hopefully someday when they have students that are well versed in English, they will be able to do a study abroad program at Sacred Heart for an entire semester in academic classes."

## Interested In Public Relations?

BY MARY O'CONNELL  
Staff Reporter

Sacred Heart University's Public Relations Student Society of America (PRSSA) is working this semester to bring publicity to organizations, clubs and sport teams throughout the university and the local area.

The PRSSA chapter gives their members the opportunity to gain experience in their profession.

"As a marketing major, being in the PRSSA club gives me the opportunity to learn more on how to put myself out there," said senior Shaquille Sanchez.

The Sacred Heart PRSSA organization is just one of the many chapters around the country. This society is a national public relations organization that is dedicated to guiding and supporting students that are interested in the fields of public relations and communications. The PRSSA is helped by its parent organization, the Public Relations Society of America (PRSA).

"PRSSA offers so many networking and internship opportunities because it's a national organization. We are sponsored by a PRSA chapter made up of working public relations professionals," said junior Lydia Wight.

Students in the club are able to attend conferences and regional meetings, connect with public relations professionals and have access to internships, special grants and scholarships.



MARY O'CONNELL/SPECTRUM

SACRED HEART'S PRSSA CLUB MEETING MEETS EVERY WEDNESDAY AT 8PM

# PRSSA

Public Relations  
Student Society  
of America

BUILDING CONNECTIONS FOR PUBLIC RELATIONS STUDENTS IN ORDER TO BE SUCCESSFUL IN THE EVOLVING INDUSTRY

PRSSA OFFICIAL WEBSITE

Having these benefits at their disposal allows students to dip their toes into the profession before they enter the work force, in addition to staying active in the school's community.

"We do everything from digital editing to photo and video production. We also create flyers. We like to collaborate with a lot of organizations and clubs throughout the Sacred Heart community to assist and publicize their events when it comes to community service or just basically anything that's happening around campus," said President of the Sacred Heart's chapter of PRSSA senior Christian Carter.

From working on projects with the Students Today Alumni Tomorrow (STAT) club and designs for the Men's Division I Hockey Team, the club has achieved many goals in their chapter.

The PRSSA club is planning on helping club campaigns at Sacred Heart expand their reach. They also want to start working on incorporating more video production to enhance publicity. In addition, they also have the objective to work with other chapters to work on bigger campaigns.

Aside from their work, their main goal for the whole year is to solidify and gain more recognition.

"Right now our chapter is trying to reestablish itself as a chapter and create a name for itself. That's our main goal right now," said Carter.

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# Features

## Introducing Devon Kemp: The New Campus Minister

BY KELLY GILBERT  
Staff Reporter

Sacred Heart University has hired a new campus minister, Devon Kemp. She has decided to dedicate her passion for life and spirit to the Sacred Heart community. Kemp felt that from a young age she had a calling to incorporate the values and ideas she had learned through religion and use it to help others.

“This is exactly what I want to be doing. There is a reason why I was involved for so many years in the church. It was something I never thought about. Something I never really put together until it was in front of my face,” said Kemp.

One of the ways Kemp was molded into the vibrant and enthusiastic woman she is today was by attending church each Sunday with her family and being a member of her church’s youth group.

“I grew up in the Catholic church. My parents took me to mass every Sunday. I was always really involved. All of my best friends were in the youth group, so it has always been a natural thing,” said Kemp.

She spent her undergraduate years at Angelo State

University where she earned a degree in psychology. She joined the Catholics Student’s Center and went on to become the president of the organization.

After graduating, she found herself speaking with her mentor from home. A priest suggested that she look further into a program that would place her in a ministry position, while simultaneously giving her a degree.

She later attended Boston College to earn her Masters degree in pastoral ministry.

Now that she has chosen to pursue her career in ministry at Sacred Heart, she is eager to better familiarize herself with students and faculty.

“Sacred Heart University is filled with some of the kindest people I have ever met. It really feels like home. Students, faculty, and staff have made it feel that way. It has been perfect so far,” said Kemp.

Kemp said that taking on this position could be somewhat intimidating because of her age and her gender.

“It’s a little daunting because the catholic church is an institution that’s traditionally been governed by only men, but I want to break down all those walls,” said Kemp.

One of the biggest points she hopes to emphasize to students is that she wants to act as a mentor and friend in

whatever area they need.

“I want people to know that I’m here for them. I’m obviously a minister but I also want to be a confidant, a mentor, and a friend,” said Kemp.

Staff members who are already familiar with Kemp are confident that she will be a positive addition to Campus Ministry.

“I am very excited about Devon joining our campus ministry team. Devon brings experience, energy and a prayerfulness that will enrich our ministry to the Sacred Heart University community,” said the Executive Director of Campus Ministry Larry Carroll.

Kemp has already made an impact on the students involved in campus ministry during the short amount of time that she has been here.

“It feels like she’s been here for a while. She’s awesome and she fits in well here,” said sophomore Brenda Capuano, a member of campus ministry.

She is planning on going above and beyond with what her job requires of her. Supporting and connecting with students is her main goal.

“My door is always open to anyone,” said Kemp.

## New Plans for the “Upper Quad”

BY MARGUERITE GIRANDOLA  
Staff Reporter



HANNAH O'BRIEN/SPECTRUM

CURRENT PROGRESS ON WHAT WILL BE A SPECTACULAR ADDITION TO CAMPUS

Sacred Heart University recently acquired the land previously occupied by the Jewish Home for the Elderly on Jefferson Street in Bridgeport, which is comprised of 15.6 acres. That space is large enough to build a residential community and a diner, both of which are in the plans for the future of the “Upper Quad.”

The project aims to accommodate expanding class sizes, as well as provide more on-campus housing to Sacred Heart students.

“Now, with the new residence hall being built, we are able to put housing on campus and make it meaningful and intentional, as opposed to taking properties from around the area and just making it work,” said Executive Director of Residential Life Joel Quintong.

“We are able to design it and build it for what we want, and it’s right in the middle of

campus.”

The residence hall should be finished sometime in 2018 and the classic New Jersey-style diner will be completed soon thereafter.

“This hall, which is the old Bennet building, will be renamed the Pierre Toussaint Hall,” said Director of Communications Deborah Noack.

Pierre Toussaint was a former slave to the French colony of Saint-Domingue who became free and then devoted his life to charity work.

“When he eventually became free, he became a well-known philanthropist, something very much in keeping with this University’s mission,” said Noack.

The residence hall will include both single and double rooms, as well as private and shared bathrooms.

Other amenities, such as study spaces, lounges, open spaces for conversation, conference rooms, security presence, card swipe entry, laundry facilities and shared kitchen spaces on each floor, will also be features of the new hall.

“The residential village will be conveniently located near the proposed student recreational facility planned for behind the end zone at Campus Field, which will provide easy access to state-of-the-art fitness equipment and more,” said Noack.

Plans to add an amphitheater to the new property is also an expected part of the construction plans.

“The buildings will shape a courtyard and an event space for residents,” said Noack.

The courtyard, in addition to the amphitheater, will offer a significant venue for outdoor events.

“This project aligns with the university’s strategic plan,” said Noack. “It supports both our goals to build new facilities and upgrade existing infrastructure to be more competitive and to increase academic excellence and distinctiveness, as campus living provides more opportunities to continue learning and discussions outside the classroom.”

The firm that is leading this project is a fully integrated, multidisciplinary firm called SLAM, which offers architecture, planning and interior design.

The same firm is also working on the new Center for Healthcare Education, which will house the College of Nursing, as well as the College of Health Professions.

Despite the noise that goes along with construction, the university will do its best to limit the inconveniences for the Sacred Heart community and the surrounding neighborhoods.

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# Arts & Entertainment

## The Theatre Arts Program's Annual "TheatreFest"

BY JOSEPH LASPINA

Staff Reporter

This past week, Sacred Heart University's Theatre Arts Program held its annual auditions for TheatreFest.

TheatreFest is a program where Sacred Heart students come together to create new and original shows for their friends and family to see.

Unlike regular productions in the Theatre Arts Program's lineup, students are responsible for everything during TheatreFest. They write, produce, direct and perform the pieces.

Director of Performing Arts and Director of the Theatre Arts Program, Jerry Goehring started the program in 2010 and has seen it grow ever since.

"TheatreFest was created for the sole purpose of letting students write new plays. When it first started six years ago, three scripts were submitted. This past year there were 15 and now 12 this year," said Goehring. "It has grown because of the students and of their continued interest towards the program."

TheatreFest consists of three rounds. The first round is a table read, where the scripts are read out loud in front of an audience. Following the reading, audience members are asked to share their thoughts and opinions on the show. This gives an idea of what the director, writer, or actors need to improve on if they make it to the next round.

After the first round, Goehring decides which ones will continue to the second round, which incorporates staging. The shows are put on stage with movement and blocking and are performed in front of an audience.

Lastly, there is the third, full-production round. Two shows are chosen and receive a budget, which allows the students to create a full scale production with lights, sound, props and costumes. During this round, students are able to see their show go from what started as an idea to an actual production.

"Students are able to realize their vision as young artists by creating a piece of theatre that is not only original, but their own," said Goehring.

TheatreFest allows students who are interested in theatre to be involved without having a big time commitment.

"It is a lot more low-key than being in a regular show,"



JOSEPH LASPINA/SPECTRUM

### STUDENT CREATIVE TEAMS PREPARE TO HOLD AUDITIONS IN THE EDGERTON CENTER

said President of the Theatre Arts Program senior Nick Patino. "It is less stressful and less of a time commitment, but allows you to still be involved in the program if you want to be."

Patino highly advocates TheatreFest, as he has been in it since his freshman year. Not only has he written, directed and produced TheatreFest shows, but he also tries to act in at least two shows per year.

TheatreFest is a completely unique opportunity for students who attend Sacred Heart. Many students find the event unlike any other at the school because it gives students the tools to be creative and share their ideas with

others.

Through this platform, students get a chance to meet people, make friends and perform while seeing if they like the college atmosphere of theatre arts.

Next summer, the Theatre Arts Program will be expanding its reach, inviting high schoolers and professional playwrights to be a part of the program.

Professional composers and authors, who are currently writing new musicals and plays in New York City, will be invited to come and work on their pieces at Sacred Heart.

The first round of TheatreFest will be held the weekend of Oct. 13.



## Disney's New Princesses Showcase Diversity

BY ALEXA BIANCHI

Staff Reporter

Throughout 2016, Disney has highlighted diversity by introducing Elena of Avalor, a princess of Hispanic heritage, and Moana, a princess of Polynesian heritage.

On July 22, the television show, "Elena of Avalor," aired and unveiled Princess Elena on Disney Channel. The Disney community and fandom was taken back as they were finally able to get a look at the first ever Latina princess.

"When I think of Disney princesses, their ethnicity or culture is not something that initially comes to mind," said junior Gina Sorrentino. "I think it's great that Disney is using their huge platform to bring diversity to people's attention. It's about time the Latinas got their own princess."

The premise of the show is that Elena saved her kingdom, Avalor, from an evil witch. She must learn to take the town under her wing and rule as their princess. Not only does this break all princess stereotypes, in which a prince needs to come and save them from despair, it also breaks the typical standard for a princess's appearance.

The show integrates the Hispanic heritage into its episodes by including Latino-based styles of music, like salsa and mariachi, on the soundtrack. It also intertwines the Spanish language within the script allowing Latinas to feel a sense of familiarity with this princess.

"Although I have not seen the show yet, I do think it is very important for large scale corporations to embrace and showcase the diversity that exists between cultures and groups of people," said Sorrentino.

Students also said how young girls can relate to the diverse princesses.

"I think it's great Disney has incorporated princesses of different nationalities into their legacy," said junior Kayla Phelan. "The majority of young girls all have phases in their lives when they want to be a princess. It's nice that they can now identify with one

that is so similar to them."

Another princess with a different heritage, named Moana, has emerged this year. She is the first Polynesian princess, and her film "Moana" is due in theaters Nov. 23. The movie is about a young girl who heads out to sea to save her people. On the journey, she encounters crazy situations, but ends up discovering herself along the way.

"Elena of Avalor" focuses on the fact that she is learning to take on the world by herself. She faces problems that are thrown her way, but she does so on her own. Moana also learns life lessons on her own in the upcoming film.

"It's definitely vital for Disney to introduce princesses of all cultures because their target audience is a young generation," said Sorrentino. "Expressing these differences through a platform that is enjoyable for them to watch will lead to more acceptance of others in our own community. It's also great that they're portraying them as independent girls who can do whatever they set their minds to."

Phelan also highlighted the differences between Disney's original princesses and the more recent ones.

"It's cool to see the new pattern in the recent princesses like Merida from 'Brave,' Elena of Avalor, and even Moana now," said Phelan. "They are independent and confident. It's nice to see Disney relaying this message of being able to face your problems on your own regardless of your gender or ethnicity. The princesses I grew up with often relied on a prince to save them, for example, Snow White. I like this twist Disney has incorporated into their movies."

Phelan and Sorrentino agreed on the fact that Moana and Elena of Avalor will serve as great role models to little girls of all ethnicities. Disney is now expanding their brand with the use of these diverse princesses by showing girls of all ethnicities that they too are normal and that they too can be princesses.

"It's important to implement the idea that no matter how someone looks or what he or she practices, we are the same at the end of the day and deserve love," said Sorrentino.



# Arts & Entertainment

## Lady Gaga and Britney Spears Release New Music

BY JESSICA ANDRIANI  
Staff Reporter



CHRIS PIZZELLO/AP

LADA GAGA POSES FOR THE RELEASE OF A NEW ALBUM

With new singles, albums and performances all lined up, Sacred Heart University students, and fans worldwide, are excited about what Lady Gaga and Britney Spears have been up to.

It has been more than two years since Gaga’s last solo album, “Artpop.” Since then, she and Tony Bennett released a collaborative jazz album, “Cheek to Cheek,” on Sept. 19, 2014.

After winning “Best Actress in a Limited Series, Series,

or Motion Picture” at the 73 Golden Globe Awards for her performance in the fifth season of “American Horror Story,” Gaga announced she would be releasing a new record later this year. It will include 11 tracks and three more in the deluxe edition.

“I really enjoy Lady Gaga’s style of music,” said junior Erin Spedaliere. “She is different than most artists and puts a lot of soul into her music.”

Gaga’s new album, “Joanne,” is set for release on Oct. 21. It is titled after both her middle name and her aunt who died of Lupus at the age of 19.

Gaga also expressed how she is against the music-streaming services that many artists are using today. In an interview with DJ Zane Lowe on the Beats 1 Radio show, Gaga said that if her record label were to sign a deal with Apple Music, Tidal or any music-streaming service, she would leak her own music.

“I think that it’s great of her to be honest because Apple Music charges money for people to subscribe to it,” said Spedaliere. “Some people don’t want to pay for what Apple Music costs, so the fact that she wants to release her music so everyone can listen to it shows how much she cares about her fans.”

Along with her album release, Gaga will be headlining the halftime show for Super Bowl LI at NRG Stadium in Houston, Texas on Feb. 5, 2017.

“Lady Gaga performing at the Super Bowl halftime show will be better than the actual game itself. I love her, I’m glad she will be performing,” said junior Baylee Kelly.

Spears is also making a comeback in the music industry. At the 2016 MTV Video Music Awards, Spears performed her latest single, “Make Me” with rapper G-Eazy. She also promoted her latest single by appearing on “The Ellen DeGeneres Show.”

“I loved Britney when I was a little kid and I’m really excited that she is making a comeback. Her performance at the VMAs got me ecstatic for what more is coming in her career,” said Spedaliere.

Spears’ latest album, “Glory,” was released on Aug. 26, 2016. It is her ninth studio album and has been in the works since 2014.

Spears performed a medley of her greatest hits at the iHeartRadio Music Festival in Paradise, Nev. on Sept. 24 and performed at the Apple Music Festival in London on Sept. 27. She also has 10 upcoming performances at the Planet Hollywood Resort and Casino in Las Vegas, Nev. in October and November.

“Britney Spears is my secret wannabe celeb so I wish she would come perform at venues on the East Coast or even come to Bridgeport and perform for SHU,” said Kelly.

Gaga and Spears have been putting a lot of work into their music careers recently and fans look forward to what they will do next.

# ARTIST CORNER



PROJECT ASSIGNMENT: MONOCHROMATIC WATERCOLOR PIECE MEDIUM: BLACK AND WHITE WATERCOLOR ON WATERCOLOR PAPER

SENIOR, CHRISTINA GHILLANI



Sports

Nighbor Takes First At Navy Fall Invitational

BY HEATHER KELLER  
Staff Reporter



ELLEN NIGHBOR SWINGING HER CLUB AT THE NAVY FALL INVITATIONAL ON SUNDAY AT THE NAVAL ACADEMY GOLF COURSE

The Sacred Heart University women’s golf team had a strong showing at the Navy Fall Invitational, their first of

the season. The tournament took place Sept. 10-11 at the Naval Academy Golf Course. Senior Ellen Nighbor took first place over 77 athletes with a two-day score of 148 to finish four over-par. “By coming out of the gate with an under par round, she really set the tone for the rest of the team and the rest of the season,” said sophomore Chelsea Sedlar, who finished the weekend tied for 14. Teammates and coaches have witnessed Nighbor’s growth through her time as a collegiate golfer. The win at Navy was a culmination of the determination and dedication she has to the program. “Ellen has gained a level of maturity and confidence since her freshman year,” said head men’s and women’s golf coach, Matthew McGreevy. “She has been a four year starter and has improved steadily every year.” In Nighbor’s two previous trips to the Navy Fall Invitational, she finished tied for ninth in 2014 and for third in the 2015 tournament. “I’ve performed well there [Naval Academy Golf Course],” said Nighbor. “I really wanted to end on a high note for my last collegiate tournament at that course.” Taking the first place finish her senior year fits into the personal goals she has set for this season. Nighbor came into the year after having dedicated an extensive amount of time to practicing and becoming confident in her game. That confidence was tested after a shaky start in her final

round on Sunday. “We were able to settle down and make a lot of quality shots coming down the stretch,” said McGreevy. McGreevy saw the potential and focus in Nighbor to finish with the win in individual play as the tournament came to a close. “I was happy to see her hard work pay off,” said McGreevy. As a team, the Pioneers were +50 for the tournament, which was able to secure a fourth place finish, pointing towards an encouraging season to come. Going into the season, players and coaches had individual and team goals formulating in their mind, knowing that their off-season practice would push them through the year. “We look forward to giving this season our all and showing the northeast conference, and any other team that we play, what we have,” said Sedlar. McGreevy’s outlook for the season matches that of his players. “This is the deepest team we have had,” said McGreevy. “We are setting our sights on a conference championship, which would be a first in program history.”

New Scoreboard At Campus Field

BY DHAMEER BRADLEY  
Staff Reporter

The new scoreboard is in place at Sacred Heart University’s Campus Field. The scoreboard consists of high definition visuals, sound, replays and live feeds. In the past two years, Campus Field has upgraded both the turf and track and has now added the new scoreboard to give the fans a great game atmosphere. “The scoreboard expands our marketing promotional reach,” said Associate Director of Athletics and External Affairs Christopher O’Connor. The scoreboard on the field not only upgrades the spectator’s experience, but also the student athlete experience from a year ago. “The scoreboard is a nice addition to an ever-expanding campus. Not only does it add flavor to the Sacred Heart football team, but the playback makes the game experience even more fantastic,” said sophomore Malik St. Hilaire. Students around campus have noticed the newest addition to Campus Field and can only imagine what Sacred Heart has in store for the future of athletics. Just a week ago, even though the football team was winning big, the scoreboard was not completely finished, at the time lacking the visual aspect. The stands were packed, but by halftime it was as if the whole crowd disappeared. However, upon its completion the following week, the scoreboard’s visual aspects added an interactive air to the game, encouraging fans to stay not only until halftime, but for the whole game. “On behalf of the members of the external affairs staff, the scoreboard is operated and can display team introductions, birthday celebrations and even movies,” said O’Connor. The staff produces the videos and build the still cards. The external affairs staff has put in major time and effort to get the scoreboard up and running. “They deserve a huge pat on the back for their hard work,” said O’Connor.

With a contribution from the school and a great amount of fundraising done by the Executive Director of Athletics, Bobby Valentine and Executive Director of University Advancement, Nick Wormley, the scoreboard was put into place at Campus Field.



NEW SACRED HEART SCOREBOARD BRINGS A NEW ELEMENT OF EXCITEMENT TO HOME GAMES

Since 2013 when Valentine was hired, Sacred Heart Athletics have been taking steps in a positive direction as the facilities have been upgraded for the better. The improvements made to the athletic facilities over the past two years have been drastic. Time will only tell what will be the next addition to Sacred Heart’s growing

campus. With the addition of the new scoreboard, Sacred Heart’s atmosphere of university athletics is foreseen to gain involvement from the community.

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# Sports

## Men’s Hockey To Play Home Games At Webster Bank Arena

BY VICTORIA SAPORITO  
Contributing Writer

The Sacred Heart University men’s hockey team will take the ice at Webster Bank Arena (WBA) on Oct. 15 for their first home game. The Pioneers announced their five-year partnership with the arena on Sept. 19 and this advancement will make the game day experience even better for the athletes, students and fans.

“We hope the student base and Sacred Heart community will see the legitimacy that this venue adds to our program and come support us,” said senior captain Mitch Nylen.

The Pioneers will have a locker room, along with athletic training and equipment areas, a team room and coaches offices as part of their partnership with WBA.

“It’s pretty neat for a couple of reasons,” said Nylen. “It’s nice to know that we have the same home and same facility as a professional hockey team and it’s a great opportunity for our team to be seen by professional scouts.”

Another upside to this transition for the hockey program is that there are season tickets and individual ticket plans, which can be purchased on Ticketmaster.com.

The Pioneers are entering this season with the expectation to finish on top in their league.

“Having a team of mostly upperclassmen, there is no reason why that shouldn’t be possible this year,” said Nylen.

Bringing their passion, work ethic and accountability on and off the ice will ensure success for the men this year.

“We expect to get better everyday and at the end of the year we would like to be in position to compete for a league championship,” said Head Coach C.J. Marottolo.

“There is no question that the move to Webster Bank Arena has created a new excitement within the Sacred Heart community and within our team,” said Marottolo. “It will give our current players a great sense of pride to be able to call WBA home.”

Aside from marking a new era for the hockey program at Sacred Heart, moving to the Webster Bank Arena will help the coaches with their recruiting process and hopefully draw a lot more talented players in the near future. The overall hockey experience will be different for alumni and fans.

“The university has made a strong statement about their commitment to helping our student-athletes be the best they can be. It has made our alums, present and future players truly grateful,” said Marottolo.

The Pioneers hope to improve their record this season after finishing 13-20-4 last year. A lot of young talent resides within this year’s squad, which will play a significant role in taking the team to the top for seasons to come.

Playing in Webster Bank Arena will expose the athletes to a much bigger audience. It will also open up plenty of opportunities for them to take hockey to a much higher level of competition.

“The school has shown that they’re behind us and now we have to go out there and prove to them that it was a worthwhile decision,” said Nylen. “Moving into WBA is a blessing for us.”

## Wrestling Rides For Program Support

BY RYAN TOUHEY  
Contributing Writer

Whether it was a scorching hot sunny afternoon, a miserable rainy day, or the wee hours of the morning, members of the Sacred Heart wrestling team could be found pedaling towards what they hope is another successful season.

The wrestling team undertook a unique and strenuous challenge, Riding4Wrestling.

The goal of Riding4Wrestling is to help raise funds for current and future Sacred Heart University wrestling teams. The target goal for the campaign was set at \$100,000, and the wrestling team is on track, having reached \$70,000 as of Tuesday, Sept. 20.

On Monday, Sept. 19, head coach Andy Lausier hopped on a bicycle at 7 a.m. and left campus to begin the 1,116-mile journey to the Scottrade Center in St. Louis, Missouri, home of the 2017 NCAA Wrestling Championships.

Lausier traveled through nine states, at times biking at over 60,000 feet of elevation. Simultaneously, in a display of team unity, members of the wrestling team took turns biking on an exercise bike for 24/7 for an entire week.

Members of the wrestling team took turns riding the exercise bike for one-hour intervals throughout the day.

“It’s just a matter of getting out of bed. We remind ourselves it’s nothing compared to what our coaches are doing,” said senior Matt Fisher, in reference to biking during the dead hours of the night.

“It’s about more awareness. We want to get people more involved in the sports community and get people to come out and see what wrestling is all about,” said senior Kyle Brady.

Lausier explained his game plan for his part of the challenge.

“It’s about preparing myself for reality. I just break it down each day. You just chip away at your goal,” said Lausier.

Several people tagged along with Lausier for support. On the first day of the trip, Carter Mario, a former wrestler at University of North Carolina, friend and supporter of Lausier and the Sacred Heart team, accompanied the coach departing from the Sacred Heart campus on his way to Pennsylvania.

“Day one was the toughest. I crashed twice. I crashed

the first time, five miles into the ride, but it wasn’t serious. Crash two was significant. I hit a pothole and went over the handlebars,” said Lausier.

Despite these obstacles, Lausier said that Mario’s presence helped him push through.

“Carter’s presence was huge. It gave me a huge boost through the dark hours,” said Lausier.

Collin McSherry, a former wrestling teammate of Lausier at Lycoming University, joined Lausier the second day, as well as the Assistant Coach Derek Moore.

“It was a great thing that I had coach Moore. There was absolutely no way I could do this without him. His presence was immeasurable,” said Lausier.

Moore praised the wrestlers for participating in the Riding4Wrestling campaign.

“It’s phenomenal what those guys are doing. They’re riding hard,” said Moore.

You can follow Lausier and the rest of his team on their journey by visiting their Riding4Wrestling.com and their Facebook page.



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